



# Gainesvilleshow.com

## 2010 Greater Gainesville Bodybuilding & Figure Championships

NPC Sanction # T.B.D.

Please legibly complete this entire entry form:

Name:		
Age:	Height:	Weight:
Street Address:		
City & County:	State:	Zip Code:
Phone:	E-mail:	
Occupation:	Club/Gym:	
How Long have you been training:		

In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors, or administrators, waive any and all right and claim for damages I may have against Gainesville Show LLC, Brian Elliott, The Hosting Venue (Oak Hall School), the National Physique Committee of the USA, Inc. and their agents, representatives, and assignees for any and all injuries suffered by me at said NPC contest and traveling to and from said contest. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the Host Hotel, including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and promoter from any damages caused by the undersigned to the Host Hotel, or damage to any guest room occupied by or registered to the undersigned. Failure to abide by these rules may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

**Signature (Competitor):** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature (Parent/Guardian if minor)** \_\_\_\_\_ **Date** \_\_\_\_\_

- Eligibility:** Florida NPC Central District only.
- Mandatory Weigh-In:** All athletes must weigh-in and register between 9:00 & 10:00 AM at Oak Hall School Auditorium, on Saturday, August 14th. Bodybuilders must weigh-in wearing their posing suits. No entries will be allowed after 9:45 AM August 14<sup>th</sup> 2010.
- Mandatory Athletes Meeting:** There will be a mandatory meeting of all competitors at 10:00 AM on Saturday, August 14<sup>th</sup>. Athletes not attending this meeting will not be allowed to compete. Prejudging will begin promptly at 11:00 AM on Saturday, August 14<sup>th</sup>.
- Music:** Music should be turned in at the competitors meeting on Saturday, August 14th. Music should be cued and ready to play - 90 seconds maximum limit for bodybuilding. Be sure and have a back-up recording. CDs ONLY, no cassette tapes. Music will start before competitors step on stage. (Music is for Bodybuilders only. This section does not apply to figure)
- NPC Event Registration:** Athletes must be a member of the NPC to compete in this event - NPC cards will be available at the weigh-in - NPC cards are \$85. No registrations will be taken after 9:45 AM August 14<sup>th</sup> 2010. Registration will be held at Oak Hall School Auditorium. 8009 SW 14th Ave, Gainesville FL 32607.
- Entry Fee:** is \$50 - athletes may only enter one event. **The deadline for entry fees is Monday August 2<sup>nd</sup>, 2010** - entries received after this date will be \$80. Make Checks/Money Orders Payable to: GAINESVILLE SHOW LLC

**Send all entries to:** GAINESVILLE SHOW LLC  
 8414 SW 44<sup>th</sup> Terrace  
 Gainesville, FL  
 32608-5118

\*Athletes may only enter one event

\*Please check the event you are entering:

**Men's Open Bodybuilding:**

- Lightweight (154.25 lbs or less)
- Middleweight (over 154.25 lbs up to and including 176.25 lbs)
- Light heavyweight (over 176.25 lbs up to and including 198.25 lbs)
- Heavyweight (over 198.25 lbs)

**Novice Men Bodybuilding:**

- Lightweight (176.25 lbs or less)
- Heavyweight (over 176.25 lbs)

**Masters Men Bodybuilding:**

- 40+

**Teen Men Bodybuilding:**

- One Class (19 years of age or younger)

**Women's Open Bodybuilding:**

- Lightweight (125 lbs or less)
- Heavyweight (over 125 lbs)

**Women's Bodybuilding:**

- 40+

**Women's Figure:**

- Short (up to 5'4")
- Tall (over 5'4")

**Women's Figure:**

- 40+

**Teen Figure:**

- One Class (19 years of age or younger)

**Bikini Division:**

- Short (up to 5'4")
- Tall (over 5'4")

**TANNING: On-Site/Backstage Tanning will be provided by:  
*Chic Tanning in Gainesville***

Tanning will be available to the competitors on Friday at:  
3324 West University Avenue G'ville, FL 32607

-To make an appointment Call Nikita @ (352) 222-1103  
or e-mail @ rnp1111@gmail.com